



Menu Autumn/ Winter 2026

Menu Week 3

	Monday	Tuesday	Wednesday	Thursday (v)	Friday
Breakfast 7:30am - 8:30am Fresh fruit with a selection of cereal or porridge					
Morning Snack 10:00am – 10:30am Served with a cup of milk or water Children under 12 months do not need snacks. If we think a child is hungry in between meals, we will offer extra milk feeds instead.					
	Breadsticks and Melon G, SY, SE	Toast with olive spread and Oranges G, DA	Rice Cakes and Apples SY, SE	Pitta Bread with Houmous and Plum G, DA, SE	Cracker and Banana G, DA, SE
Lunch 12pm - 1pm served with a cup of water					
First Course	Garlic Bread G, DA	Vegetable Sticks with Houmous SE	Fish Pie with Seasonal Vegetables G, F, DA	Corn on the Cob	The Children's Choice Roast Dinner Gammon OR Chicken with roast potatoes, carrots, cauliflower, cheese & peas G, DA
Second Course	Hunters Chicken Pasta G, DA, SU	Beef Lasagne G. DA	Mixed Berry Yogurt DA	Vegetarian Chilli with Rice G, CE, SY	Peaches & Natural Yogurt DA
Vegetarian Alternative	Meat Free Hunters Chicken Pasta G, DA, E	Vegetable Lasagne G, DA	Vegetable Fingers & Mashed potatoes with Seasonal Vegetables G, DA	All courses same as main menu	Chef's alternative Roast Dinner G, E, DA
Afternoon Snack 2:00pm – 3:00pm Served with a cup of milk or water Children under 12 months do not need snacks. If we think a child is hungry in between meals, we will offer extra milk feeds instead.					
	Pitta Bread with Houmous and Grapes G, DA, SE	Breadsticks and Melon G, SY, SE	Toast with olive spread and Oranges G, DA	Cracker and Banana G, DA, SE	Rice Cakes and Apples SY
Packed Tea from Home 4:30pm – 5:00pm Served with a cup of water					
Where allergens are present, it is displayed next to the appropriate meal Allergen codes: GLUTEN – G, EGG –E, FISH –F, NUTS – N, PEANUTS –PN, SOYA – SY, DAIRY – DA, CELERY – CE, MUSTARD – MU, SESAME – SE, SULPHITES – SU, LUPIN – LU, SHELL FISH – SF (Crustaceans and Molluscs), Vegetarian day – (v)					
We will always cater for dietary requirements and needs. The above information does not include allergen information that 'may contain' and is subject to changes of menu ordering and product availability and is just to be used as a guide. Please ensure that you have notified the nursery management of any allergies, so this can be added to your child's care plan, information will then be passed on to the practitioners and the chef.					