



Menu Spring/ Summer 2026

Menu Week 3

	Monday (v)	Tuesday	Wednesday	Thursday	Friday
Breakfast 7:30am - 8:30am Fresh fruit with a selection of cereal or porridge					
Morning Snack 10:00am – 10:30am Served with a cup of milk or water Children under 12 months do not need snacks. If we think a child is hungry in between meals, we will offer extra milk feeds instead.					
	Breadsticks and Watermelon G, SY, SE	Toast with olive spread and Oranges G, DA	Rice Cakes and Apples SY, SE	Pitta Bread with Houmous and Plum G, DA, SE	Cracker and Banana G, DA, SE
Lunch 12pm - 1pm served with a cup of water					
First Course	Wholemeal Pitta & Houmous G, SE	Tomato Bruschetta G	Beef Meatballs in a creamy sauce with Mashed Potatoes and Peas G, DA, SU	The Children's Choice Roast Dinner Gammon OR Chicken with roast potatoes, carrots, cauliflower, cheese & peas G, DA	Homemade Tortilla Chips & Guacamole G, SU
Second Course	Cheesy Pasta Bake with vegetable sticks G, DA	Chicken Supreme & Rice G, DA	Apple & Sultana Scones G, DA	Peaches & Natural Yogurt DA	Cajun Sausage Pasta G, DA, SU
Vegetarian Alternative	All courses same as main menu	Vegetable Supreme & Rice G, DA	Meat-Free Balls in a creamy sauce with Mashed Potatoes and Peas G, SY, DA	Chef's alternative Roast Dinner G, E, DA	Cajun Meat-Free Sausage Pasta G, E, DA
Afternoon Snack 2:00pm – 3:00pm Served with a cup of milk or water Children under 12 months do not need snacks. If we think a child is hungry in between meals, we will offer extra milk feeds instead.					
	Rice Cakes and Apples SY	Breadsticks and Watermelon G, SY, SE	Toast with olive spread and Oranges G, DA	Cracker and Banana G, DA, SE	Pitta Bread with Houmous and Grapes G, DA, SE
Packed Tea from Home 4:30pm – 5:00pm Served with a cup of water					
Where allergens are present, it is displayed next to the appropriate meal Allergen codes: GLUTEN – G, EGG –E, FISH –F, NUTS – N, PEANUTS –PN, SOYA –SY, DAIRY – DA, CELERY – CE, MUSTARD – MU, SESAME – SE, SULPHITES – SU, LUPIN – LU, SHELL FISH – SF (Crustaceans and Molluscs), Vegetarian day – (v)					
We will always cater for dietary requirements and needs. The above information does not include allergen information that 'may contain' and is subject to changes of menu ordering and product availability and is just to be used as a guide. Please ensure that you have notified the nursery management of any allergies, so this can be added to your child's care plan, information will then be passed on to the practitioners and the chef.					