

Ensure lots of positive awareness of the potty/toilet. Read books/stories or watch you-tube videos. Also a great role model watching an older sibling or yourself use the toilet.

Be patient

Take them to the potty/toilet frequently praising all attempts.

Look out for any signs or behaviours that might indicate they need the toilet. Such as fidgeting.

Be consistent



Toilet training tips & advice

Most parents start thinking about potty training when their child is between 2 and 2 and a half, but there's no perfect time. (www.nhs.uk)

Give lots of praise



Praise and reward is key. even sitting or taking themselves to the potty is a positive step.

Ensure to teach good hygiene routines like wiping and hand washing.

Accidents are all part of learning. Do not address these in a negative manor. Try giving these very little attention simply address what they have done, clean and change them. Try them on the potty/toilet at the same time. (you've done a wee/poo, Lets get you changed)

Keep it short

Have lots of spare pants and clothes. Although sometimes it is easier to start in just pants/knickers and work layers on as confidence grows.